جمعية مركز الإمام الألباني
للأبحاث العلمية والدراسات المنهجية

Encouraging the observance of Salaat at-Tasbeeh

الترغيب في صلاة التسبيح

Prepared by

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These few words is about encouraging the observance of an act of worship, that which some of its benefits includes forgiveness of sins in all of its forms: small and great; its first and its last; old and new; that which was in secret and in public.

This act of worship is a Salaah **(prayer) from the legislated prayers, and it is** Salaat at-Tasbeeh. **This is established about the Prophet –**salallaahu 'alaihi was-salam**– from the** hadeeth **of** 'Ikrimah **from** Ibn 'Abbaas **–May Allaah be pleased with both of them–. He** (Ibn 'Abbaas) **said: the Messenger of Allaah –**salallaahu 'alaihi was-salam**– said to** Al-'Abbaas ibn Abdil-Muttalib: **"O** 'Abbaas! **O Uncle!, shall I not give you, shall I not present to you, shall I not donate to you, shall I not produce for you ten things? If you act upon them, Allaah will forgive you your sins, first and last, old and new, involuntary and voluntary, small and great, secret and open. These are the ten things: that you observe four** rak'aat, **reciting in each** rak'ah Fatihat al-Kitab **and a** soorah. **When you finish the recitation in the first** rak'ah **you should say fifteen times while standing:** (Subhaanallaah wal-hamdulillaah wa-laa ilaaha illaa Allaah wa-Allaahu Akbar) **"Glory be to Allaah", "Praise be to Allaah", "There is no god but Allaah", "Allaah is most great". Then you should bow** (rukoo') **and say it ten times while bowing. Then you should raise your head after bowing and say it ten times. Then you should kneel down in prostration** (sujood) **and say it ten times while prostrating yourself. Then you should raise your head after prostration and say it ten times. Then you should prostrate yourself and say it ten times. Then you should raise your head after prostrating and say it ten times. And that is seventy five times in every** rak'ah, **you should do that in four** rak'aat. **If you can observe it once daily, do so; if not, then once weekly; if not, then once a month; if not, then once a year; if not, then once in your lifetime". [Reported by** Aboo Daawud, Ibn Maajah, **and** Ibn Khuzaimah **in his** Saheeh**]. An addition in another narration is: (Allaah will forgive you even if your sins were like the foam on the sea or like huge sand dumes).**

Al-Haafidh **said: surely this** hadeeth **has been transmitted through many routes, and through a group of companions, such an example is** 'Ikrimah's hadeeth **presented here. A good number of scholars authenticated it such as** Al-Haafidh Aboo Bakr Al-Aajoori, **our** Shaykh Aboo Muhammad 'Abdur-Raheem Al-Masri, **our** Shaykh Al-Haafidh Abul-Hasan Al-Maqdisee **–May Allaah The Most High have mercy on them–.**

Aboo Bakr ibn Abee Daawud **said: I heard my father saying: (no authentic** hadeeth **pertaining to** Salaat at-Tasbeeh **exists except this).** **And** Muslim ibn Al-Hajjaj **–May Allaah The Most High be pleased with him– said: (not a better** isnaad **has been narrated regarding this** hadeeth**). Meaning a better** isnaad **than that of** 'Ikrimah **from** Ibn 'Abbaas.

Summarily, Salaat at-Tasbeeh **is four** rak'aat, **in each** rak'ah **you have (75** tasbeehs**) while noting that:**
(Subhaanallaah, wal-hamdulillaah wa-laa ilaaha illaa Allaah wa Allaahu Akbar) **is one** tasbeeh.
The one praying does these tasbeehs **after observing the pillars of** Salaah, **and its prescribed procedure is as follows:**

- **That he says it after the recitation of** Sooratul Faatihah **and what is easy for him to recite from the Glorious** Qur'aan **(15) times .**
- **That he says it after making the supplications in the** ruk'oo **(10) times.**
- **That he says it after** at-tasmee' **and** at-tahmeed **(after saying** Sami'a Allaahu liman hamidah**) (10) times.**
- **That he says after making the supplications in the first** sujood **(10) times.**
- **That he says it after making the supplications in the sitting before the second** sujood **(10) times.**
- **That he says it after making the supplications in the second** sujood **(10) times.**
- **That he says it in the sitting of** Istiraahah **after making** takbeer **for** qiyaam **after the second** sajdah **(10) times.**

And he does this in all rak'aat, **and he says it ten times after the first** tashahud **and ten times after the last** tashahud **before the** salaam.

And it was the opinion of a good number of respectable scholars from old and present times that the ahaadeeth **regarding** Salaat at-Tasbeeh **can be graded as** Hasan. **Foremost amongst them is the** Imaam Muslim ibn Hajjaaj An-Naysaaboori, **author of the** (Saheeh), Al-Haakim Aboo 'Abdullaah, Ibn Mundah, Ibn Shaaheen, Aboo Bakr Al-Aajoori, Aboo Hasan Al-Maqdisee, Aboo Sa'd As-Sam'aani, Al-Baghawi, Aboo Moosaa Al-Madeeni, Ad-Daylami, Aboo Hasan ibn Al-Fadl Al-Maalikee **and his student** Al-Mundhiri, Ibn Salaah, Al-Khateeb At-Tabreezi, At-Taqiy as-Subki **and his son** Taaj Ad-Deen, Ibn Al-Mullaqin, Al-Balqeeni, Al-'Alaaiy, Az-Zarkashi, Ibn Hajar Al-'Asqalaani, Ibn Hajar Al-Haythami, Ibn Naasir Ad-Deen, As-Suyooti, As-Sindi, Al-Laknaawi, Al-Mubarakfoori.

Likewise a good number of contemporary scholars, foremost amongst them are: the Imaam, **the** Muhaddith Muhammad Naasir-ud-deen Al-Albaani, **and the great scholar and** Muhaddith Ahmad Shaakir.

Similarly a good number of scholars from the Shaafi' madhhab **mentioned its being** mustahab **(preferable), such as:** Al-Juwayni **and his father the** Imaam **of the** Haramain, **also** Al-Muhaamali, Al-Ghazaali, Al-Qaadhi Hussein Al-Raafi' **in** Ar-Rawdhah, An-Nawawi **in** Tahzheeb Asmaa' wa Al-Luqhaat (**3/144**).

And a good number of scholars from the Hanafi madhhab **mentioned its being** mustahab **(preferable), as it is in** Ad-Dur Al-Mukhtaar, **also the exegete** Ibn 'Aabideen **in** Ad-Durar Al-Mukhtaar (**2/471**), Murtadaah Az-Zubaydi **in** Itihaaf As-Saadah (**3/481**), **and** Al-Kasaani **in** Badaa'i As-Sanaa'i (**1/216**).

Also a good number of scholars from the Maliki madhhab **mentioned its being** mustahab **(preferable), see** Mawaahib Al-Jaleel (**1/381**), **and** Al-Qaadi 'Iyaad **in** Al-Qawaa'id.

And also a good number of scholars from the Hanaabilah madhhab **mentioned its being** mustahab **(preferable): see** Al-Marwaadi **in** Tasheeh Al-Furoo' (**1/566**), **and** Kashf Al-Qanaa' (**1/444**).

The great scholar and *Muhaddith, Muhammad Naasir-ud-deen Al-Albaani* –May Allaah The Most High be pleased with him– said: (the *hadeeth* with all its chains of narration was classified *Saheeh*, or at least graded as *Hasan* by a good number of *Hufaadh*, and from that which is used to establish the authenticity of this *hadeeth* is its useage to justify this prayer (*Salaat at-Tasbeeh*) by the *Imaams* of *Islaam* from the successors to the *Tabi'een* to this present generation, and also their continual observance of it, and their teaching it to the people).

And he said: (however, what is important is that I say: whoever says that the *hadeeth* of *Salaat At-Tasbeeh* is *Mawdoo'* (fabricated) has over exaggerated and moved far away from the truth, for surely what is correct is the statement of the one who says it is a *hadeeth* that is somewhere between *Hasan* and *Saheeh*, and this is the correct opinion to us. Therefore what is correct from the statements of the *'Ulamaa'* regarding this *hadeeth* is that it is an authentic *hadeeth* behoving that a Muslim acts upon it even once in his life).

And know may Allaah have mercy on you that the likes of these *ahaadeeth* which encourages the observance of deeds that contain forgiveness of sins requires that a Muslim does not over depend on it so he gives himself some freedom regarding the avoidance of sins and misdeeds, claiming that he has observed a deed that contains the forgiveness of all his sins! For this is the worst form of foolishness and ignorance, for what informs you –O deluded one!– that Allaah has accepted this deed of yours, and Allaah The Mighty and Majestic says: ((Indeed Allaah only accepts from the righteous))?!

O you beloved brother: beware of this and be careful, and know that *Shaytaan's* ways of entry upon man are many; so beware and beware that he enters upon you from this angle!!

And we recall that Allaah The Most High surely described his believing servants as those that perform good deeds, and strive in obedience, despite that; their hearts are fearful that their deeds be rejected. Allaah The Most High says: ((And they who give what they give while their hearts are fearful because they will be returning to their Lord)) [*Al-Mu'minoon*: 60].

***Al-Qurtoobi* said: *Al-Hassan* said: (surely we met some people fearful of their good deeds being rejected more than your fear of being punished for your evil deeds).**